



Alcohol & Substance Use

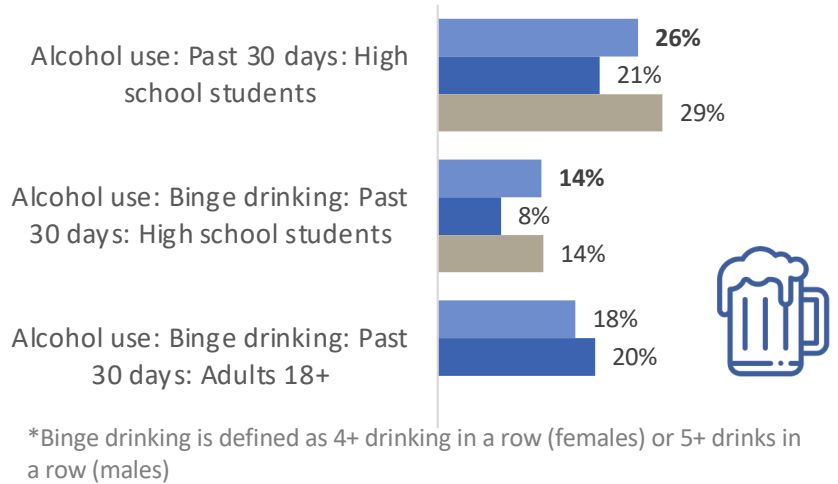
Use of Alcohol, Marijuana, and Prescription Pain Medicine/Opioids

Alcohol Use

Local high school students were more likely than peers across the state to report drinking in the past month – including binge drinking.

Beer, wine, and hard liquor were described as easy to obtain by a third of 8th graders (35%), half of 10th graders, and two-thirds of high school seniors (68%)

■ SHDHD ■ Nebraska ■ US

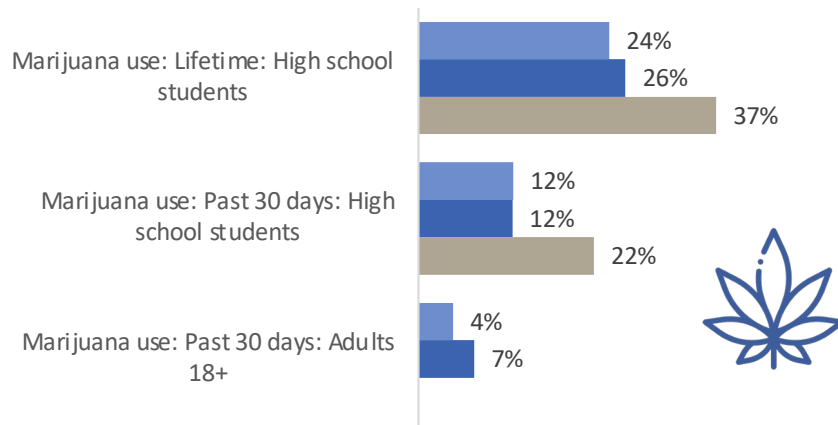


*Binge drinking is defined as 4+ drinking in a row (females) or 5+ drinks in a row (males)

Marijuana Use

Nearly one in ten local high school students reported using marijuana in the last month, and nearly one in four said they had ever used.

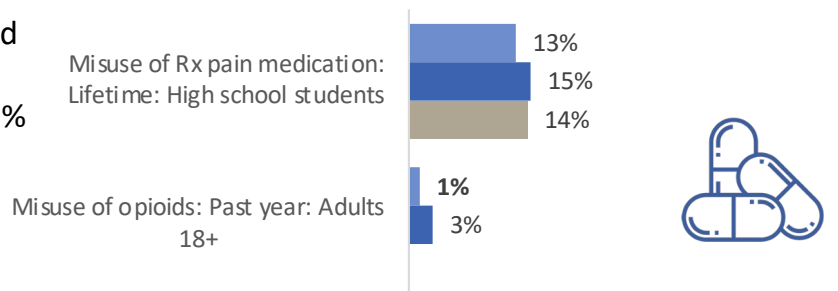
Marijuana was described as easy to obtain by one in five 8th graders, a third of 10th graders (32%), and half of high school seniors (52%)



Prescription Pain Medicine/Opioids Misuse

While 13% of high school students reported misusing Rx pain medication in their lifetime, between 23% (8th graders) and 35% (12th graders) said it was easy to obtain prescription drugs for non-medical use.

Local adults were about half as likely as other adults across Nebraska to report misusing opioids in the past year.



*Misuse is defined as taken without a doctor's prescription (Rx) or differently than ordered by a doctor